

Curriculum Integration for Whole-person Development:

Integrating Health Education into School Curriculum: An Extended & Integrative Approach

1. 3-level & 6-stage Model

In conceptualizing and formulating the LTFC Extended Curriculum, a 3 levels and 6 stages developmental model was designed, which echoes fully with the advent of New Senior Secondary (NSS) Academic Structure.

The 3 levels and 6 stages developmental model:

Level	Developmental Stage	Focus	Developmental Performance Indicator
JS1	Adaptation	Knowing oneself	<ul style="list-style-type: none"> ☞ Identify talent areas ☞ Adapt to new identity and expectation ☞ Establish a good healthy lifestyle ☞ Form self-management and build good learning habit ☞ To be a responsible person ☞ Develop language ability ☞ Respect and appreciate ☞ Develop harmonious relationship ☞ Learn together and work together/ develop collaboration and cooperation ☞ Have a good physique
Js2			<ul style="list-style-type: none"> ☞ Fully display talents/ fully develop distinctive potential ☞ Develop talent-oriented ☞ Assume different identity, including sex, national and social ☞ Master learning skill development and information processing skill ☞ Develop skills-based learning ☞ Achieve a balance between culture and sports life ☞ Understand the interpersonal skills ☞ Establish a beautiful mind
JS3	Transition & Enhancement	Knowing our society & nation	<ul style="list-style-type: none"> ☞ Master comprehensive study skills ☞ Be confident in social/ mature interpersonal skill and leadership skill ☞ Strive for good performance in talent areas ☞ Foster problem-solving and enquiry-based learning ☞ Apply information technology in learning ☞ Acquire wider scope of knowledge in cultural and science subjects ☞ Learn more about the world ☞ Able to provide service with quality ☞ Lead a healthy life as measured by health indicators ☞ Be competent in physical fitness and literacy (i.e. Territory-wide System Assessment) ☞ Recognize opportunities and choices to plan its own career pathway

SS1			<ul style="list-style-type: none"> ➤ Able to assume the leadership role to contribute the well-being of others ➤ Possess wide experience of social and academic exposure ➤ Enable to learn in a independent and critical manner ➤ Prepare career-related skill and provide information for future plan ➤ Actualize one's talent reach for high standard
SS2	Self-direction & Empowerment	Knowing Our World	<ul style="list-style-type: none"> ➤ Prepare for further enhancement and advancement in study skill ➤ Formulate plan to achieve career goal ➤ Promote self-directed learning/ self-regulated learning ➤ Prepare for adulthood ➤ Develop problem-solving skill in real life events ➤ Be a mature leader and always ready to support others ➤ Develop Resilient skills ➤ Build healthy mental stage to face challenge ➤ Build career-related experiences and skills / equip students with necessary career skills for career development ➤ Work for Career-related exposure, career mind, career plan
SS3			<ul style="list-style-type: none"> ➤ Strive for accomplishment and actualization of goals and “ life-long learning” capacity ➤ Enable oneself to set career goal to achieve own aspiration ➤ Master of knowledge in cultural and science studies ➤ Understand and appreciate equality and the value of international social justice ➤ To be an empathetic and dutiful person in contributing to society ➤ To be a motivated leader