Under the NSS Curriculum, 'Other Learning Experiences' (OLE) is one of the three components that complement the NSS subjects. Based on our strong foundation of the five Essential Learning Experiences in the junior forms, senior form students are offered a wide range of OLE opportunities both within and outside school. Students would be further encouraged to participate in the five areas of OLE, namely Aesthetic Development, Physical Development, Moral and Civic Education, Community Service and Career-related Experiences. The philosophy and rationale behind the NSS Curriculum goes perfectly in line with the official statement of “Mission and Vision” of Lam Tai Fai College ever since its founding in 2004, that is, with a special emphasis in promoting Essential Learning Experience (ELE) of Whole-person Development in our Extended Curriculum (EC) through Talent Development (TD), Study Skill & Career-related Education (SKCE), Sports & Aesthetic Development (SAD), Education for Health (EH), Social Awareness and Civic Education (SACE), and Cognitive Development (CD).

The Six Essential Learning Experiences (ELE) of Whole-person Development Framework in LTFC Extended Curriculum includes:

1. **Talent Development (towards a self-affirmative and self-motivated person):** Enable students to appreciate their personal strengths and provide them the opportunities to fully develop their potentials, as well as to enhance their creativity and leadership ability, and to unleash their learning potentials through a full development of “multiple intelligences”.

2. **Study Skills and Career-related Education (towards a self-directed person with strong sense of self-awareness):** Enable students to learn effectively and achieve their personal goals along the course of striving for a career success.
3. **Sports & Aesthetic Development (towards an ever-growing and self-regulated person):** Enable students to widen their horizons and broaden their skill-base through the exposure to sports training and a life of sports, as well as the exposure to aesthetic training and aesthetic appreciation. Through the learning experiences in sports and aesthetic development, students are also given the opportunities to establish a set of positive values towards self-discipline and self-regulation, communication and collaboration, adversity management and life appreciation, personal achievement and accomplishment for social betterment.

4. **Education for Health (towards a responsible and well-managed person):** Enable students to cope with daily challenges against a positive state of life by means of acquiring a set of well-established healthy life skills.

5. **Social Awareness and Civic Education (towards a dutiful and contributive person with high standard of personal integrity and compassion for others, strong sense of moral awareness, and with the capacity to fulfill the obligations of a good citizen in community context, national context, and global context):** Enable students to understand and to interact positively with the social environment as well as the national, and international environment around them. Instill with students a strong sense of identity on one’s roles and responsibilities, as well as opportunities in making greater contribution for social betterment.

6. **Cognitive Development in LTFC Curriculum Honeycomb (towards a life-long learner with the learning capacity to cope with the changes in this ever-and-fast changing world):** Enable students to comprehend and interpret, to analyze and synthesize, to evaluate and to establish one’s opinion, in order to enhance their self-learning capacity and problem-solving abilities. Acquisition and construction of knowledge through:
   - Enhancing Biliteracy and Trilingualism
   - Enriching knowledge base through a 4-focus Learning Curriculum
   - Enabling a full play in Multiple Intelligences and Life-wide Learning

In LTFC, subject-related Experience is also included in the Extended Curriculum Unit (the OLE & SLP Coordination Team) to give extra support for activities related to academic learning.