

2009 年東亞運動會單車公路賽項目銅牌得主郭灝霆校友

2009 年東亞運動會單車公路賽團體計時賽銅牌得主郭灝霆校友

2006 年（中五級）畢業於林大輝中學

姓名： 郭灝霆

Name: **Kwok Ho Ting**

出生日期 Date of Birth

國籍 Country: Hong Kong, CHINA

首次比賽 Riding since: 2001

屬隊 Team: 南華體育會單車隊
South China Athletic Association
(2001-2006)



背景 Background

- 公路單車、爬山單車和場地單車 Road Bike, Track Bike and Mountain Bike rider
- 林大輝中學畢業生 Graduate of Lam Tai Fai Secondary School
- Cycling is the Air I breathe !

小傳 Bio

My name is Marco Ho Ting KWOK. I am one of the Hong Kong Cycling team cyclist. And I have been a cyclist for many years since I was 13. I love this event very much although it is quite hard, also you have to train for a long period to become stronger. On the other hand, it is a very good challenge!

成績

Achievement:

2002 Hong Kong Road Bike Series -Youth- Champion_
2002 Hong Kong Track Series -Youth- Champion
2003 Tour of Hong Kong – under 23 Champion
2004 Tour of Hong Kong – under 23 Champion
2004 Hong Kong Road Track Series -Junior- Champion_
2004 Hong Kong Road Bike Series -Junior- Champion
2005 Hong Kong Track Bike Series -Open- Champion
2005 National Junior championship---track 3km individual time trial—3rd
2005 Asian Junior cycling champion—track race point race--3rd runner up
2005 Tour de Thailand—Elite Man- Stage Champion
2005 American Cycling Classic Superweek-Representative of Hong Kong
2005 Hong Kong Road Bike Series -Open- Champion
2005 Hong Kong Track Bike Series -Open- Champion
2006 Tour de South China Sea Representative of Hong Kong